



### **Code of Conduct for parents/people with parental responsibility:**

#### **As a responsible parent/person with parental responsibility or other supporter I will:**

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the athlete
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Never place undue pressure on children to perform, participate or compete
- Check out the qualifications and licences of people who are coaching or managing your child or offering a service connected to athletics such as physiotherapy, massage or nutritional advice.
- Take an active interest in my child's participation
- Attend training or competitions when ever possible
- Know exactly where my child will be and who they will be with at all times
- Never make assumptions about my child's safety
- Ensure that my child does not take any unnecessary valuable items to training or competition
- Inform my child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance
- Provide any necessary medication that my child needs for the duration of trips
- Assume responsibility for safe transportation to and from training and competition
- Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before my child goes to any away events or trips
- Report any concerns you have about my child's or any other child's welfare to the Club Welfare Officer, Regional, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police if you feel it is necessary)

#### **As a responsible parent/person with parental responsibility or other supporters for a young athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events I will:**

- Act with dignity and display courtesy and good manners towards others
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to myself or others, acts of violence, bullying, harassment and physical and sexual abuse

- Challenge inappropriate behaviour and language by others
- Be aware that my attitude and behaviour directly affects the behaviour of my child and other young athletes
- Avoid destructive behaviour and leave athletics venues as I find them
- Never engage in any inappropriate or illegal behaviour
- Not carry or consume alcohol to excess and/or illegal substances.
- Not carry any items that can be dangerous to myself or to others excluding athletics equipment used in the course of my child's athletics activity

Signed.....

Date.....

Name.....

Relationship to young athlete.....

### Junior Club Young athlete Code of Conduct

#### I will:

- ⤴ Bring what I need and be on time for all training and events
- ⤴ Listen to my coach and his/her helpers and follow their guidance
- ⤴ Be polite to my coach and his/her helpers. Remember to say thank you sometimes!
- ⤴ Behave well at training and events. (Remember, you are representing your club).
- ⤴ Do all I can to keep safe and avoid hurting yourself or others
- ⤴ Encourage and support all other athletes, whatever their ability
- ⤴ Tell my coach or a helper if I have to go somewhere during training or an event (say why I am going, where and when I will return)
- ⤴ Tell my coach or another adult or my parent if I get hurt or if I am unhappy or worried about anything. (Please do this straight away.)
- ⤴ Not tell anyone things about me or my family unless this is to do with athletics
- ⤴ Treat my coach, his/her helpers and other adults in athletics like any other teacher. If an adult does not seem to be behaving like a good teacher I will tell an adult I trust
- ⤴ Never get into someone's car or go to their home without telling my parent/carer
- ⤴ Tell the club Welfare Officers or ask my parent/carer to tell them if I am unhappy about something and my coach has not been able to help. (The Welfare Officers' details are in section 9. of the club Welcome Pack and on the club's website)

Signed.....

Date.....

Name.....